

# Bandwidth Provision through Disjoint Multipath RPL in the IoMT

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**Abstract**—Internet of Multimedia Things (IoMT) is one extensively current topic of the Internet of Things (IoT) due to the immersive growth of multimedia applications in several fields. In LowPower and Lossy Networks (LLNs) where sensor nodes are a key component, providing a satisfactory quality of service (QoS) as well as a user quality of experience (QoE) for such applications is a challenging task. In fact, high bandwidth and substantial computation resources are required. To provide sufficient bandwidth to handle these high data rate applications, we propose to extend RPL to enable for simultaneous use of disjoint multiple paths. This is done on top of the already maintained DODAG structure with the least induced overhead. Furthermore, we suggest applying a low-complexity encoding method on the captured images. Based on both QoS and QoE metrics, we evaluate the performance of our disjoint multipath RPL (DM-RPL) for real video clip transmission using the IoT-LAB testbed. Our results show that multipath provides more bandwidth as the PDR is increased. Video quality is further improved thanks to the adopted data reduction at the source. All of this translates into less energy being consumed.

**Index Terms**—Internet of Multimedia Things (IoMT) ; RPL ; Multipath routing ; Visual data transmission ; Performance evaluation ; QoE ; QoS ; Contiki OS ; IoT-Lab.

## I. INTRODUCTION

The IoMT has undergone an unprecedented development these last years. This is confirmed by the massive use of multimedia applications in various fields such as smart homes and industrial monitoring. However, IoMT has stringent requirements compared to traditional IoT in terms of quality of service (QoS) as well as quality of experience (QoE). When it comes to handle multimedia applications characterised by their high data rate in wireless sensor networks (WSN), one of the basic building blocks of the IoT, the problem becomes more challenging because of their constrained resources.

RPL [1] is the IETF standardised IPv6 Routing Protocol for low-power and lossy networks (LLNs) where directed-oriented acyclic graphs (DODAG) rooted at the sink are maintained. An objective function is used by each node to select its preferred parent toward the root node. Two objective functions namely, *ETX* [2] (default) and *OF0* (hops number) are predefined. Despite the fact that RPL almost meets the requirements of LLNs to handle scalar data routing, it is still far from being able to allow real time streaming of video flows as it was mainly designed for low data traffic network [3]. To

handle multimedia applications, some researchers proposed new objective functions based on energy [4], [5] or free bandwidth [6]. The proposed objective functions allow better behaviour when compared to predefined ones. However, the performance evaluation in both [4] and [6] does not consider real video traffic and the user QoE is not evaluated either. As for [5], simulations are based on H. 264 multimedia trace [7]. Nonetheless, H. 264 compression is not adapted to low-power video sensors [8]. Besides, the user QoE has not been assessed.

Multipath routing [9] has emerged in the last decades as a promising solution to provide sufficient bandwidth to handle high data rate flows. Extending RPL to allow for multipath routing has already been considered in the literature mainly to balance traffic among bottleneck nodes [10]–[12], improve data transmission reliability through replication [13] or mitigate congestion [14], [15]. The above multipath extensions are targeted to scalar data reporting and mostly make use of braided (non-disjoint) paths. More recently, authors of [16] leverage the RPL multi-instance opportunity to build multiple paths to enhance video delivery in the IoMT. A priority-based strategy is implemented where high priority frames are routed via the instance maintained using link quality as a metric and the low priority ones via the instance with the shortest path. They mainly showed by simulation that the disjoint multipath is more suitable to video delivery when compared to single and non-disjoint RPL variants.

Since a wireless network capacity is limited even with multipath routing, it still remains difficult to provide sufficient bandwidth able to satisfy the requirements of data intensive applications such as IoMT ones. Low complexity in-network data reduction is more than necessary to lower transmissions and the corresponding energy expenditure. Widely used standard video encoding techniques based on motion estimation algorithms such as MPEG-4, H.263 or H.264 are not suitable for sensor nodes [8].

In this paper, we aim to handle video delivery in the IoMT by addressing both facets of bandwidth scarcity problem. First, we propose a new algorithm to obtain disjoint multiple paths in RPL. Our extension do not leverage the multi-instance opportunity provided by RPL as in [16]. Instead, it uses existing RPL control messages to insure disjointness through

the use of the IDs of the last hop nodes toward the DODAG root. Second, we make use of low-complexity video encoding more adapted to LLNs to reduce the amount of transmitted data. Our performance evaluation considers both QoS and QoE metrics and is carried on a real WSN testbed (IoT-LAB [17]). To the best of our knowledge, this is the first work that evaluates video transmission using multipath RPL on top of a real testbed with real video streams emulation. In this paper, we begin by presenting our disjoint multipath RPL (DM-RPL) protocol in Section II. Afterwards, the compression method is presented in Section III. The experimental scenario and the obtained results are discussed in Section IV before concluding.

## II. DISJOINT MULTIPATH RPL (DM-RPL)

The IoMT is made of a large number of small low-power devices that integrate sensors with on-board processing and wireless communication capabilities. Some of these devices ideally placed at strategic positions, are equipped by video cameras to provide richer and more informative data on an area of interest. These sensor nodes are generally in charge of reporting information to a central gateway called the *Sink*. This delivery model is known as *convergecast* or multipoint to point communication.

A WSN can be modelled as a unidirected connected graph  $G(V, E)$  composed of a set of sensor nodes  $V$  and a set of links  $E$ . We consider the use of RPL to establish and maintain a DODAG structure rooted at the Sink  $r \in V$  according to an appropriate objective function. This is achieved through the use of ICMPv6 packets called *DODAG Information Objects* (DIO). Based on the DODAG structure, each node  $v$  maintains a list of parents, one of which is designated as the preferred parent noted  $\pi(v)$ . A node willing to transmit data to the Sink, sends packets to its preferred parent. Let  $T(V, E_T)$  be the spanning tree of  $G$ , rooted at the Sink ( $r$ ), obtained by considering only links to preferred parents in the RPL DODAG rooted at  $r$ . We define the *depth* of a node ( $d$ ) as the length (number of hops) of its tree path to the root. The tree root has a depth  $d(r) = 0$  and a non-root node  $v \in T$  has a depth  $d(v) = d(\pi(v)) + 1$ . We call a *subtree* each tree rooted at a node  $v \in T$  where  $\pi(v) = r$  or equivalently  $d(v) = 1$ . The subtree rooted at  $v$  is noted  $T_v$  and  $v$  is designated as a *subroot*.

When dealing with high data rate applications, it is worth remembering the important limitations of LLNs. The available bandwidth is insufficient with respect to the requirements of these applications. In an attempt to provide additional bandwidth, we suggest to leverage simultaneous transmissions on multiple disjoint paths. To do so, we propose to extend monopath RPL to allow for simultaneous use of multiple disjoint paths without incurring much more overhead. The resulting protocol is called Disjoint Multipath RPL (DM-RPL).

Paths disjointness from two nodes  $u$  and  $v$  to  $r$  using tree  $T$  child-parent links is guaranteed if these nodes belong to two different subtrees i.e.  $u \in T_{t_u}$  and  $v \in T_{t_v}$  with  $t_u \neq t_v$ . For a given source  $s$ , the default path is the one that follows the preferred parent at each hop. To get other paths that

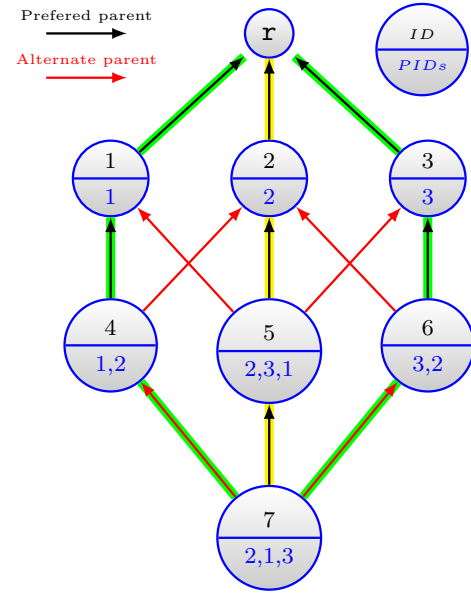


Fig. 1: Illustrative example

are disjoint, the source has to choose alternate parents that belong to different subtrees. In order to enable a node to identify the subtree to which belong each of its parents, one need to propagate the ID of each subroot downward. This is achieved by piggybacking this information in a field of DIO messages intended for this purpose we call *PID* (Path ID). It is initialised to zero in the initial DIO advertised by the DODAG root. Upon the reception of a DIO message from the DODAG root, a subroot inserts its ID in the *PID* field before advertising the obtained DIO to its neighbours. When a regular node (other than root and subroots) receives a DIO message with non-zero *PID* field, it broadcasts it as it is. Based on the DIO information, a regular node updates its parents list as suggested by default RPL except that it records the *PID* of each of them. When the above process converges, each node in  $G$  will learn the ID of its subroot which is the last crossed node before last hop as well as the potential parents leading to the root via disjoint paths.

Figure 1 illustrates how DM-RPL maintains multiple disjoint paths based on the DODAG structure and the subroot ID propagation downward using DIO messages. The DODAG root  $r$  broadcasts a DIO message with a zeroed *PID* field. Each of the subroots i.e. nodes 1, 2 and 3, chooses  $r$  as its preferred parent and puts its own ID in the *PID* field before broadcasting the resulting DIO. The other nodes (4, 5, 6 and 7), on the reception of a DIO, update the list of their parents. In each lower part of the circle representing a node, is given the list of the *PIDs* maintained where the first is the one related to the preferred parent. As depicted, node 4, for instance, has two disjoint paths via 1 and 2 respectively. For node 7, there are three possible paths highlighted in yellow for the primary one (via the preferred parent) and in green for the two alternative paths.

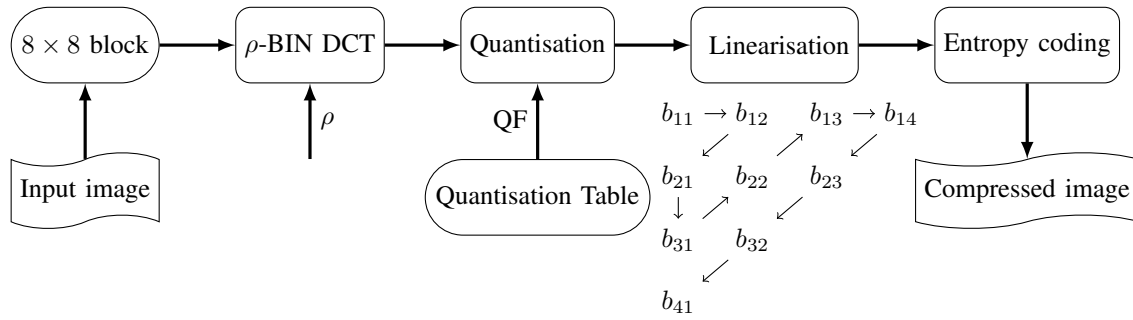


Fig. 2: M-frame block encoding sequence ( $\rho = 4$ ).

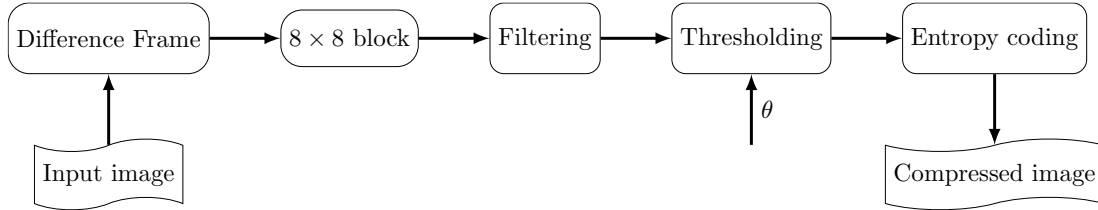


Fig. 3: S-frame encoding sequence

### III. LOW COMPLEXITY VIDEO COMPRESSION

Since an LLN network capacity is limited even when multiple paths are involved, it still remains difficult to provide sufficient bandwidth able to satisfy the requirements of data intensive applications such as IoMT ones. Having sensors to deliver all the captured visual data is inefficient and has to be avoided. Authors of [18] showed that multipath routing allows to double the overall throughput. However, an acceptable video quality was difficult to obtain even when capturing and transmitting at only 6 fps a grey-scale low resolution video clip compressed using MPEG-4. As a result, in-network data reduction is more than necessary to lower transmissions and the corresponding energy expenditure. As already stated, MPEG-4 is not suitable for sensor nodes. Even JPEG low complexity still image compression algorithm is not very beneficial in terms of power consumption. This is mainly due to the discrete cosine transform (DCT) stage which consumes at least 60% of the whole power encoder [19], [20]. In order to suite the constrained nature of processing resources of low-power nodes, we suggest to use a low complexity image compression provided by SenseVid [21], a video transmission and evaluation tool that considers LLNs specific characteristics.

A captured image is either intra-coded (M-frame) or inter-coded with respect to the previous M-frame in which case it is referred to as an S-frame. Whether a given frame is M- or S-encoded depends on the GOP coefficient ( $g$ ). If  $MSE \leq g^2$  where  $MSE$  is the mean square error with respect to the previous M-frame, then the frame is S-encoded; otherwise, it is M-encoded. When  $g = 0$  then all the frames are M-encoded. Increasing its value results in more S-frames and thus reduces the data rate. In what follows the process of encoding is detailed for each frame type.

#### A. Main Frame Encoding

Figure 2 shows the different steps of an M-frame encoding process. First, the image is decomposed into blocks of  $8 \times 8$ . Then, a fast pruned DCT called binDCT-C [22] is applied on each block with a triangular pattern [23]. Only coefficients located at the upper left triangle of side length  $\rho \leq 8$  are considered. The resulting DCT block coefficients are quantised using the JPEG standard quantisation matrix. Trade-off between quality level and compression rate can be obtained by selecting a proper quality factor (QF) that allows adjusting the quantisation matrix values. An image visual quality ranges from the poorest ( $QF = 1$ ) to the best quality ( $QF = 100$ ). The obtained block is then linearised following a zigzag scan before applying a lossless entropy encoding.

#### B. Secondary Frame Encoding

As shown in Figure 3, a secondary frame is inter-coded with respect to the previous main frame i.e. only blocks of the difference between the current frame and the previous M-frame are considered. To further save video sensors and network resources, a filtering and a thresholding operations are consecutively applied. Difference blocks with the least values that satisfy  $\sum d_{ij}^2 / 64 \leq 650$  are ignored. The retained blocks with difference values less than  $\theta$  are zeroed.  $\theta$  is the *threshold similarity* parameter provided by the user. Finally, a lossless entropy encoding is applied on the resulting non-null blocks. Note that since not all blocks are transmitted, blocks sequences have to be specified in the packet header. The sequence number of the first block of a packet is given as it is. A subsequent sequence is encoded using the difference with respect to the previous one.

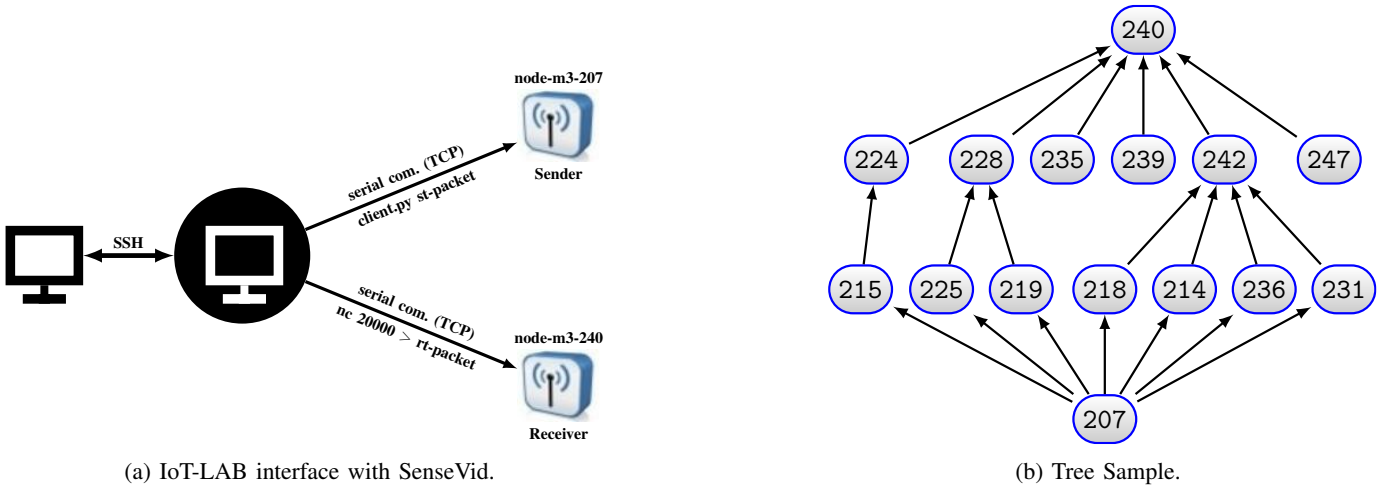


Fig. 4: IoT-lab Experiment Setup

#### IV. EXPERIMENT RESULTS

Our experiments are made using IoT-LAB [17], a very large scale open experimental IoT testbed composed of 2728 static and mobile nodes distributed over six different sites in France (Strasbourg, Grenoble, Lille, Paris Saclay and Lyon). Three types of nodes, equipped with different micro-controllers and wireless communication chips, are provided namely, M3, A8 and WSN430 nodes. IoT-LAB can be accessed through a web portal or using provided command-line tools. Additionally, it offers a hosted environment on SSH front-ends with pre-installed command-line Tools and target architectures cross-compiler tool chains. It allows to retrieve experiments results and to access devices serial ports.

In order to assess the performances of our disjoint multipath routing, we extended the RPL implementation provided in the Contiki IPv6 network stack. The last two bytes of the IPv6 address of a node in IoT-LAB testbeds are used as an ID. Its uniqueness is ensured by the fact that only the last 16 bits are varied in the IPv6 address assignment and subnetting. In DM-RPL, this 16-bit ID is used to identify possible disjoint paths. The unused 7<sup>th</sup> (*Flags*) and 8<sup>th</sup> (*Reserved*) bytes of the DIO packet are chosen to constitute the *PID* field.

To carry out our experiments, we used M3 nodes<sup>1</sup> installed in the F4 corridor of Grenoble site. Figure 4b shows the 15 used nodes and represents a possible tree structure in which the links are those connecting each node to its best parent. Since IoT-LAB does not provide video sensors, we emulate the transmission of a real video clip (by the node 207 to the root 240) using a traffic trace file (*st-packet*) generated by SenseVid. As shown by Figure 4a, a python script (*client.py*) gives transmission instructions to the source node. The RPL-UDP sender and receiver modules are modified to enable the former to send packets according to the instructions and the latter to retrieve the list of received packets to be stored in a receiver trace file (*rt-packet*). Based on this latter, SenseVid

reconstructs the video received images and generates QoE video related metrics, namely, PSNR and SSIM. The PSNR between the sent and the received, possibly distorted video frame is computed using :

$$PSNR = 20 \log \frac{V_{peak}}{MSE}$$

where  $MSE$  is the mean square error and  $V_{peak}$  is the maximum possible pixel value. The SSIM metric is computed as follows :

$$SSIM = \frac{2\mu_x\mu_y + C_1}{\mu_x^2 + \mu_y^2 + C_1} \times \frac{2\sigma_x\sigma_y + C_2}{\sigma_x^2 + \sigma_y^2 + C_2} \times \frac{\sigma_{xy} + C_2/2}{\sigma_x\sigma_y + C_2/2}$$

where  $x$  and  $y$  are two non negative image signals,  $\mu_x$ ,  $\sigma_x$  and  $\mu_y$ ,  $\sigma_y$  are the mean and standard deviation of  $x$  and  $y$  respectively.  $\sigma_{xy}$  is the sample cross-covariance between  $x$  and  $y$ .  $C_1 = 6.5025$  and  $C_2 = 58.5225$ .

We compare the performance of DM-RPL with default RPL and focus on the impact of increasing images frequency capture on their real time transmission. To do so and coping with LLNs constraints, we consider the transmission a given number ranging from 9 to 18 grey-scale images extracted from the original 300 ones of the hall monitor video clip [24]. Moreover, these images are down-sampled to a resolution of  $128 \times 128$ . We consider transmitting images encoded independently of each other (M-encoded) as well as the case of including some S-frames where the GOP coefficient  $g$  is set to 15 in order to reduce the data transmission rate as shown in Table I. Used parameters are regrouped in Table II. Each experiment is repeated at least 10 times to avoid fluctuation and obtained results are presented using box plots to show the distribution of obtained values of the metric of concern. A segment and a small black square inside each rectangle shows the median and the mean values respectively.

Although, our multipath extension allows to build more paths, we conducted our experiments using only two paths.

<sup>1</sup><https://www.iot-lab.info/docs/boards/iot-lab-m3/>

TABLE I: Transmitted video characteristics

Images number	ref. PSNR (dB)		ref. SSIM		compression ratio (bpp)		transmission rate (Kbps)		packets to send		Frames sequence when $g = 15$
	$g = 0$	$g = 15$	$g = 0$	$g = 15$	$g = 0$	$g = 15$	$g = 0$	$g = 15$	$g = 0$	$g = 15$	
9	29.50	28.52	0.9081	0.8980	0.66	0.57	7.8	6.73	99	90	MMMMSMSMS
12	29.50	28.81	0.9010	0.8997	0.66	0.57	10.40	8.98	132	116	MMMMMSMSMSM
15	29.50	28.05	0.9077	0.8959	0.66	0.52	13.01	10.32	165	140	MSMMMMSMSMSMSSM
18	29.51	28.31	0.9078	0.8960	0.66	0.51	15.6	11.94	198	162	MSMMMMSMSMSMSSMM

TABLE II: Experimental Setup

Number of sensors	15 (including the root)
Testbed site	INRIA Grenoble
Experiment duration	10 min
operating system	Contiki OS
Sensors type	M3 open nodes
Packet maximum payload	128 Bytes
Transport protocol	UDP
Routing protocol	(IPv6) RPL ,DM-RPL
RPL objective function	ETX
DIO maximum interval	17.5 min
DIO minimum interval	4 sec
MAC	CSMA / link-layer bursts
Radio Duty Cycling	ContikiMAC
Channel check rates (Hz)	128
transmission power	0 dbm
reception sensitivity	101 dBm
Video duration	12 seconds
Frame resolution	128x128
Number of captured images	9, 12, 15, 18
GOP Coefficient ( $g$ )	0, 15
Quality Factor	5
DCT	Triangular BIN DCT
DCT triangle side length $\rho$	8
Entropy coder	Exponential-Golomb (EG)

The obtained results and lessons learnt using two paths can be generalised to more paths and are expected for a future work. We first consider the packet delivery ratio (PDR) obtained by RPL (1-path) and DM-RPL (2-path) with the two sequences of frames ( $g_0$  and  $g_{15}$ ). As expected, Figure 5 shows a decreasing PDR when increasing the number of images to transmit due to a higher number of packets to transmit in a limited time window. Based on the mean PDR, DM-RPL outperforms RPL regardless of the transmission rate. DM-RPL is able to provide more bandwidth thanks to splitting the data flow on the two disjoint paths. Reducing the required bandwidth by inter-coding some of the frames ( $g = 15$ ) allows to achieve better performances in terms of PDR when compared to the case where all frames are intra-coded ( $g = 0$ ). This observation is valid for both RPL and DM-RPL.

Transmission rate reduction thanks to the introduction of S-frames leads to lower quality of images when compared to the use of only M-frames as shown by the obtained reference PSNR and SSIM given in Table I. Hence, the quality of the received images has to be considered in the evaluation. Figure 6 shows both mean and distribution plots of the obtained PSNR and SSIM of the received images as reconstructed by SenseVid

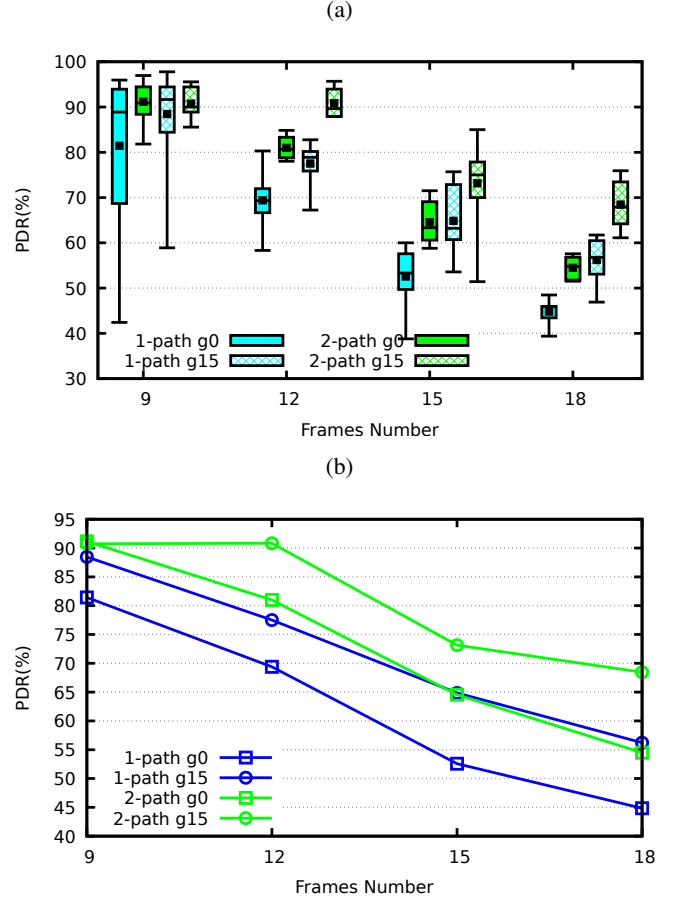
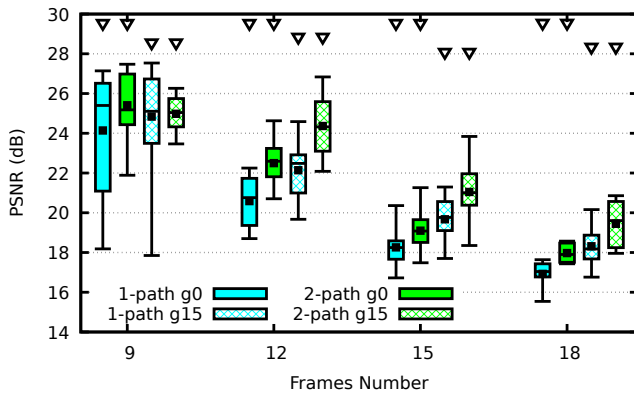


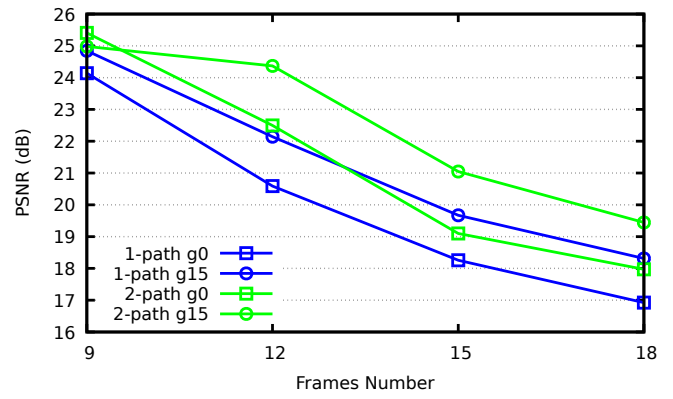
Fig. 5: PDR (a) distribution and (b) mean values

considering the incurred packet losses. Triangles in the candle curves depict the reference PSNR and SSIM. Once again, the quality is getting worse when increasing the transmission rate. The images quality is still fair ( $PSNR > 20$ ) for the evaluated schemes provided that the number of frames does not exceed 12. When using two paths along with more data reduction (2-path,  $g_{15}$ ), the quality remains acceptable even for the highest rate i.e. 18 frames captured and transmitted in real time. Note that the obtained PSNRs and SSIMs are higher when  $g = 15$  compared to  $g = 0$  even if the corresponding reference values are better in the latter case.

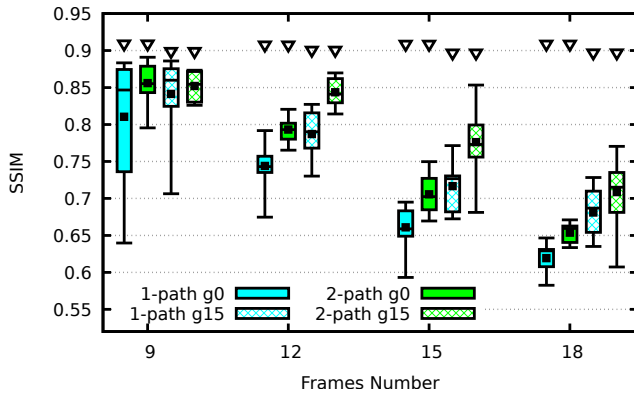
Figure 7 shows samples of the frame 3 when 12 images are captured and transmitted. The rightmost image is the one transmitted by the source. The others are those received by the Sink when using the four evaluated schemes. Data reduction



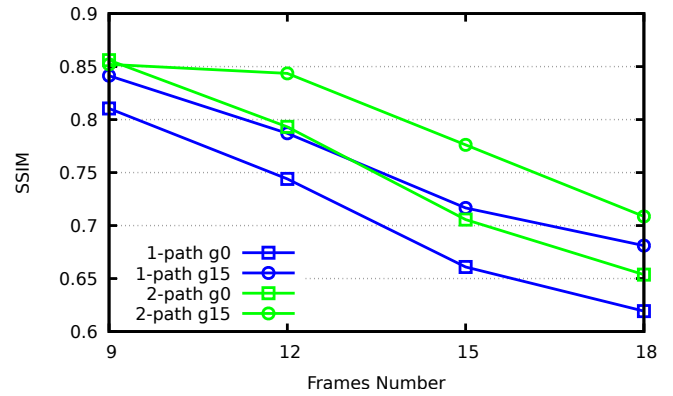
(a) PSNR distribution.



(b) PSNR mean.



(c) SSIM distribution.



(d) SSIM mean.

Fig. 6: Obtained Images Quality

strategy is profitable mainly when two paths are used where both PSNR and SSIM are improved.

Figure 8 plots the average consumed power for the different evaluated schemes when varying the number of captured frames. The results show that DM-RPL exhibits lower energy consumption compares to RPL. This is due to the fact that in DM-RPL, the traffic load is balanced on two paths. Thus, experimenting a lower number of packet losses which reduces the amount of MAC level retransmissions leading to lower energy expenditure.

## V. CONCLUSION

In an attempt to handle multimedia traffic in constrained LLNs, we propose to extend RPL such that multiple disjoint paths can be maintained and used by video sensors. Moreover, we leverage low complexity compression techniques to cope with limited sensors resources. We carried out experiments using real WSN testbed and real video clip transmission. Both QoS (PDR and energy) and QoE (PSNR and SSIM) were adopted to assess the added value of our proposal. We mainly showed that using two paths allows to provide more bandwidth such that the amount of successful transmissions is improved. Our used data reduction technique allows additionally for better images quality. Energy consumption is also improved.

Despite the obtained results, there is still a way to go to enhance the received images quality mainly when increasing the capture frequency. As a future work, we expect to improve our multipath strategy to obtain the best paths possible. Moreover, advanced encoding techniques with better optimised rate-distortion have to be investigated. Transmission strategies involving interleaving techniques are under study. Finally, advanced methods for image reconstruction with denoising and deblurring are to be explored.

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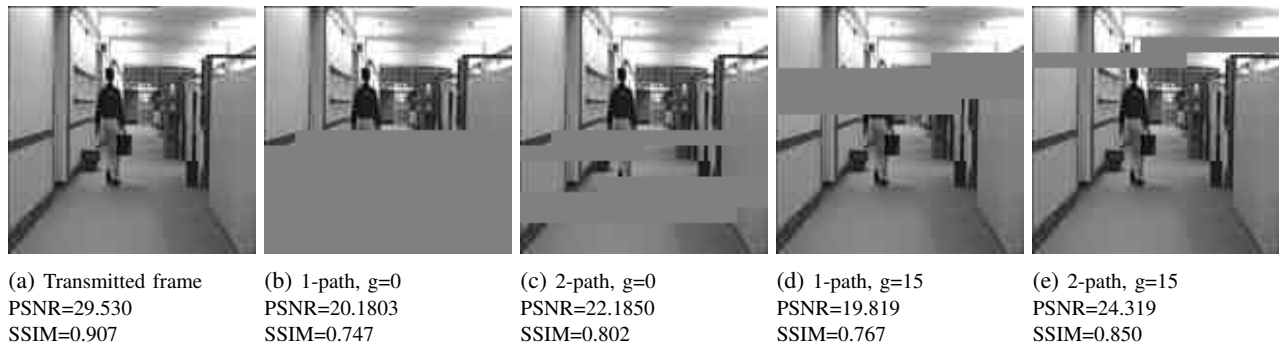


Fig. 7: Sample images for frame 3 when 12 frames are captured.

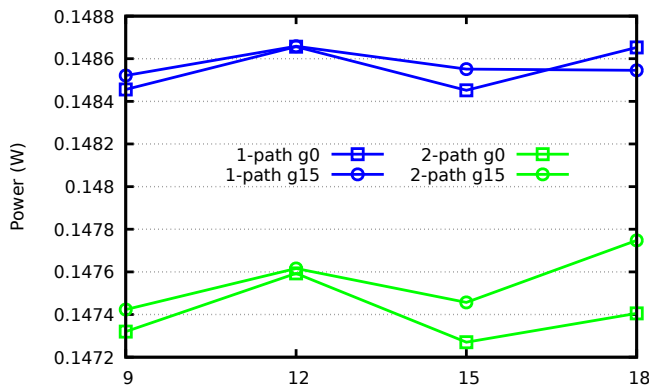


Fig. 8: Mean Power Consumption

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