



2

Pharmacognosie, Sécurité Alimentaire & Nutrition Humaine

THERAPEUTIC NUTRITION BETWEEN FOOD AND MEDICINE SECURITY

Code C4

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Introduction & Objectives:

Food security, nutritional medicine, pharmacological medicine, or specialist therapeutic nutrition is seen as a food or a nutritional supplement, so does it reach the level of medicine or the treatment of diseases?

Therapeutic nutrition is preventive and specialized medicine, so does it exceed 70 % of the disease quota.

Therapeutic nutrition is a gateway to permanent youth immunity and to stop disease.

Therapeutic nutrition is a key to solving societal problems at the level of spending and income and increasing the output in the overall economy and national income.

Therapeutic nutrition is the mainstay of an introduction to pathology and preventive medicine From here we will find that the change.

It is one of the most important branches of classical medicine and an important determinant of human health factors

What is therapeutic nutrition...

That

Viral, immune, and cancerous pathological mutations have gone out of control and entered the disease engineering syndrome, and drugs have failed to them. Although it has evolved by passing from one generation to another from the family of primitive antibiotics and penicillin compounds to the post-sulfurins.

However, to no avail and the relapses of the disease are endless and recovery is relative.

(excision of tonsils - gallbladder - Ovarian cysts - hemorrhoids - disc)

Because extravagance in the rate of operations has become unacceptable

Oh God, enter into the disease syndrome as a system semi-imposed reality and because the food and nutrition system was imposed as a reality in which there is no choice, the seeds and

Conférences



pure plants were absent, and with them were the natural fertilizers and pesticides, and chemical medicines prevailed in the arena.

The result was a complex imbalance in the immune health system, and environmental and food pollution with its preservatives and canned goods, and culminated in chemical drugs. Nutrients such as synthetic estrogen have been stripped from the body.

The other side it has been entrusted to the science of nutrition for the crusts from the gates of science that does not benefit, such as diet regimens and flavored foods, which are limited to omega, and controlling protein and carbohydrate levels.

And they missed that the science of nutrition is a platform and not a capsule. It is a set of measures, procedures, steps, curricula and recommendations that are taken according to a comprehensive, complete and integrated curriculum that does not exclude any type of food, but formulates it according to nutritional standards aimed at six recommendations: (preventive, curative, specialized, qualitative, proactive and conservative medicine). And with this, the science of nutrition reached the forefront, and it included all medical sciences, starting from diagnosing the disease and setting the treatment plan and the following recommendations to prevent the disease from entering or preparing for the disease or relapse

If there is an injury, the preventive medicine will be able to treat it before it falls and with the minimum of preventive treatments,

Hence, the science of nutrition is based on immunological foundations, which are the pillars of nutrition.

It in itself provided an enhanced physique.

He overcomes the disease by itself, and if there is an acute influenza, the simplest natural medicines are enough to eliminate it in the pathological incubation stage, which made the somatic immune system acquire a specific sensitivity towards the disease.

It enables the body to give pathological alarms, but it is linked to the sensory threshold of the disease, which stimulates T and B cells to intervene in the first stage of the disease.

And it must be taken into account that the difference between a chemical drug and a vegetarian diet.

Methodology (Material and methods):

The chemical works in its singular form, while the plant medicine works with the participation of immune training with the immune system to support the body's autoimmunity against disease. After the course of treatment (Lactobacillus) supports the intestinal bacteria to resist infection and here we must stand.

On two points:

The first is to review the therapeutic system of healthy food and introduce it as a legal system of medicine, in both its nutritional and vegetable parts, and its supplements as well.

The second,

In addition to the use of nanotechnology in many nutrients, plants and nutritional supplements as a qualitative material aimed at delivering the active substance to the cellular environment and disease alike, because what is known as oxidative stress has corrupted the disease and medication methodology, and it was considered that the medication system is limited to it by treatment.



Knowing that at least 40% of the medicines became vegetarian and nutritional (Spirulina algae, nano-zinc, nano-selenium, plant stem cells, sprouted seeds....)

Results and Discussion:

Recommendations for a typical feeding:

- 1- Reconsidering the concept of nutrition and food from the perspective of disease and medicine.
- 2- Develop nutritional curricula that work on the health of society in general, especially childhood, because in the end they are future mothers and fathers.
- 3- Monitoring environmental health and protecting it from pollution.
- 4- Oversight of the drug system and opening the door from its widest aspects in the field of scientific research to bring health to the community.
- 5- Investment in the scientific field in therapeutic nutrition constitutes a successful and profitable therapeutic system, and it invests the energies of society in the profitable aspect and economic savings to be reflected in the income and national product.
- 6- 6- Paying attention to the health aspect of investing in the agricultural and animal health aspect will achieve economic income at the level of the individual and society and will contribute to the outcome of public health and the overall economy. 7- Therapeutic nutrition is a gateway to immunity and health to the community and a pillar of medical sciences.

Conclusion:

From the above, we conclude that therapeutic nutrition is a diagnostic and therapeutic pillar through which we read the basics of preventive medicine and the level of health in humans. It is considered the largest area in human life, and the area of curative medicine has reduced to less than 25%.

Keywords: Food security, nutritional medicine, Therapeutic nutrition.

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